

Dance Program

The Hawaii Ballroom Dance Association (HBDA) offers both American and International style of ballroom dance. HBDA was nominated as the "Best Ballroom Dance Lessons" for the Honolulu Magazine 2009 Best of Honolulu Awards.

HBDA's dance program emphasizes a relaxed and conversational American Social dance style. Dance Studio has classes Monday through Thursday, American Social Novice Beginner/Bronze I, Bronze I/II, American Social Bronze II/Silver, and Novice/Beginner Saturday mornings, 8:00AM to 10:00AM. Dance curriculum rotates every quarter offering Waltz, Viennese Waltz, Fox Trot, Peabody, Tango, Paso Doble, East Coast Swing, Jitterbug and Lindy Hop, West Coast Swing, Swing Hustle, Nightclub Two Step, Cuban Rumba, Bolero, ChaCha, Samba, Merengue, Bachata, Mambo, Salsa and Polka. Hot Hula Fitness, Line Dance Fitness is offered at Dance Studio, Saturday mornings 10:00AM to 12 Noon.

International style is taught on Wednesday at the dance studio. Although the technique for dance styles is similar, the International style is more discipline and technical. The International chapters teach Waltz, Viennese Waltz, Fox Trot, Quickstep, Tango, Paso Doble, Rumba, Bolero, Samba, ChaCha and Jive.

Review night is held on the 4th Saturday first two months of the quarter at Dance Studio.

Review night require current quarter student membership card which was developed for students to review the steps learned in class. It's a fun night with dance and fellowship that you don't want to miss.

So, whether you are new to ballroom dancing and want to learn a few steps or looking to socialize or exercise, there's something for everyone here at HBDA. "It's where dancing begins".

Please wear proper attire to class. No shorts or tank tops. Dance shoes, leather or hard soled shoes. No rubber shoes, sandals or slippers.

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Where
Dancing
Begins. . .



Hawaii
Ballroom
Dance
Association

About Us



HBDA, was founded in 1959, has grown into one of the largest ballroom dance organizations in the State of Hawaii. There are classes at the dance studio from Monday through Thursday and Saturday with eight (8) chapters throughout the islands of Oahu, Big Island and Maui with an aggregate membership of approximately (600) members.

HBDA is a non-profit, 501C3 tax-exempt, organization. We are dedicated to the promotion, teaching and encouragement which foster motivation and development of ballroom dancing for the people of Hawaii Nei.

Chapters

Central Maui: Velma McWayne Santos Community Center, Monday, American Social Basic/Intermediate 6:30PM

Dance Studio: Monday, American Social Novice Beginner, Bronze I 7:00PM

Dance Studio: Tuesday American Social Bronze I/II 7:00PM

Dance Studio, Wednesday, International, 7:00PM

Dance Studio, Thursday, American Social Bronze II/Silver 7:00PM

Dance Studio: Saturday, American Social Novice/Beginner, 8:00AM to 10:00AM

Dance Studio: Saturday, Hot Hula Fitness, Line Dance Fitness, 10:00AM to 12 NOON

East Hawaii: Waiakea High Portable 22 classroom, Wednesday American Social Bronze I/II 7:00PM

Kailua: Kailua District Park, Room E, Monday American Social Novice Beginner/Bronze I 7:10PM

Kaimuki: Kilauea District Park, Dance Studio, Tuesday American Social Bronze I/II 6:30PM

Kaneohe: Kaneohe Community & Senior Center, Tuesday, American Social Bronze II/Silver, 6:45PM

Kapolei: Makakilo Community Park, Meeting Rm 2, Monday American Social Bronze I/II 6:30PM

Mililani: Mililani District Park, MP Main Hall, Wednesday American Social Bronze I/II 7:15PM

Dues and Class Fees

Classes run for eight (8) weeks and one (1) social per quarter. Each quarter begin the months of April, July, October and January. Two different dances are offered in each session. Dance classes are taught by trained Telemark instructors.

1. All dance students are required to be members of HBDA. Membership dues are \$20 per year (\$15 if joining in the fourth quarter of the fiscal year). All membership expires on March 31.

2. Class fee at \$35 for (2) classes a quarter per student. Students are required to sign up for minimum two (2) classes per quarter.

▶ Do not call the School, Community and Senior Center, District Parks and Community Park. Please call the Dance Studio (7538673).

▶ This information was accurate at the time this brochure was published and is subject to change.